

WHOLE FRUIT SMOOTHIES

Original size **\$8.9**

Kids size.....**\$6.9**

Banana (banana, honey & cinnamon)

Mango (mango & yogurt)

Mixed Berry (mixed berries & honey)

Mango and Banana (Mango, banana, mango sorbet, & yogurt)

SUPER SMOOTHIES..... **\$11.9**

Gluten Free, Dairy Free, Vegan

Green Smoothie (kale, spinach, mango, banana & coconut water)

Acai Smoothie (acai sorbet, banana & coconut water)

Strofield Smoothie (banana, nutmeg, honey & almond milk)

ADD Cacao..... **\$0.50**

Tropical Smoothie (coconut water, banana, & mango)

Jawanna Smoothie (banana, almond milk, & two shot coffee)

Acai Bowl.....**\$15.5**

Banana Split.....**\$14.9**

(Banana, vanilla ice-cream, chocolate syrup, strawberry syrup, & fresh berry)

Whilst every attempt is made to accomodate food intolerances and allergies; nuts, gluten, dairy & wheat are used daily on our premises We are UNABLE to GUARANTEE that any item will be ENTIRELY FREE OF CONTACT with these ingredients.



Milk

Bar Café

MENU



📍 9,16 Ashgrove Avenue, Brisbane QLD Australia 4060

Bhallar Press, Babain (INDIA)

COFFEE	
Long black.....	\$4.5
Macchiato.....	\$4.5
Espresso.....	\$4.0
Doppio	\$4.5
Piccolo	\$4.5
Cappuccino, Flat white, latte	\$4.9
Chai Latte, turmeric latte.....	\$4.9
Hot Mocha, Dirty chai.....	\$5.0
Vienna	\$5.9
Affogato	\$6.5
Hot Chocolate	\$4.9
Extras :-	\$0.6
for Decaf shot and soy, almond, oat, coconut, zymil milk	



TEAS		\$5.5
English Breakfast		
Earl Grey		
Chai leaves		
Lemongrass & ginger		
Chamomile,		
Spring Green		
Peppermint		

HOMEMADE ICED TEAS.....		\$6.9
Lychee		
Lemon		
Peach		
Raspberry		
SPIDERS.....		\$6.9

Choice of Soft Drinks		
Extras: Musk, blue heaven or		\$0.5
Lime		

MILKSHAKES		
(vanilla ice cream, milk & syrup)		
Chocolate, Vanilla, Lime, Strawberry, Caramel,		
Mint, Banana		
Original Size.....		\$6.5
Kids Size		\$4.9
Add Extras: Alchemy Flavour.....		\$0.50
Malt		\$0.50



A 15% public holiday surcharge applies to all meals on gazetted public holidays

THICKSHAKES	
Chocolate, Vanilla, Lime, Strawberry, Caramel,	
Mint, Banana	
Original Size.....	\$8.9
Kids Size	\$6.9
Add Extras:	
Alchemy Flavour.....	\$0.50
Malt.....	\$0.50



ICED COFFEE AND DAIRY FRAPPES	
Coffee Frappe	\$7.9
Chocolate Frappe	\$7.9
Caramel Frappe	\$7.9
Iced coffee.....	\$7.9
Iced mocha	\$7.9
Iced chocolate.....	\$7.9
Iced chai	\$6.9
Iced caramel.....	\$7.9
Iced latte	\$5.9
Alternative milk.....	\$1.0
(soy, almond, oat or coconut)	
Choice of Soft Drink	



DELUX THICKSHAKES.....		\$12.0
Nutella		
Cookies n Cream		
Special Deluxe		

FRESH BLENDS		
Orange To Berry.....		\$8.9
(orange, watermelon & strawberries)		
Green Juice.....		\$8.9
(spinach, pineapple, mint, passionfruit, orange & lemon)		
Ginger Zing		\$8.9
(ginger, pineapple & orange)		
ORANGE or APPLE JUICE.....		\$5.5
FRUIT FRAPPES.....	(made with real fruits)	\$9.9
(Tropical juice, sorbet, fruit & ice)		



Mango & Passionfruit	
Pineapple & Mint	
Watermelon & raspberry	
Strawberry & Mint Frappe	
Lychee & Coconut Frappe	

Acai bowl \$ 15.50
acai granola & fresh seasonal fruit

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Fresh Gourmet Sandwiches on White or Multi Grain

- 1.Ham, Cheese, and Tomato.....\$10.90
- 2. Leg Ham & Grainy Mustard with Cheese, Lettuce, Tomato, and Onion.....\$12.90
- 3. Roast Beef & Relish with Lettuce, Tomato, and Onion.....\$11.90
- 4. Free Range Egg, Mayo and Lettuce.....\$9.90
- 5. Leg Ham, Cheese and Sun-dried Tomatoes.....\$11.90
- 6. Leg Ham and Avocado.....\$10.90
- 7. Chicken, Cheese, and Avocado.....\$11.90

Add:- Toasted 50c, Cheese \$2.0, Chicken \$2.5, Avocado \$2.5, Single Salad Item \$1.5, Fries \$4.0

Open Grills on Toasted Turkish Bread

- 1. Leg Ham, Cheese, and Pineapple.....\$13.90
- 2. Cheese, Olives, Sun-dried Tomato, Mushrooms, Cream Cheese, and Onion.....\$13.90
- 3. Bacon, Cheese, and Banana.....\$13.90
- 4. Chicken, Tasty Cheese and Pineapple.....\$13.90
- 5. Bacon, Cheese, and Pineapple.....\$13.90
- 6. Satay Chicken, Cheese, and Onion.....\$13.90

Toasted Turkish Bread

- 1. Marinated Eggplant, Sun-dried Tomatoes, Olives, Mushrooms, Pesto and Feta.....\$13.90
- 2. Leg Ham, Brie, Tomato, Onion and Aioli.....\$13.90
- 3. Chicken, Cheese, Mayo, Lettuce, Tomato, and Cucumber.....\$13.90
- 4. Smoked Salmon, Cream Cheese, Capers, Lettuce and Aioli.....\$14.50
- 5. B.L.T. – Bacon, Lettuce and Tomato.....\$13.90
- 6. B.L.A.T. – Bacon, Lettuce and Tomato & Avocado.....\$14.90

Assorted Wraps

- 1. Salad.....\$10.90
- 2. Chicken and Salad.....\$11.90
- 3. Falafel Wrap.....\$11.90
- 4. Breakfast Wrap.....\$12.90
- 5. Halloumi, Egg, Spinach, and BBQ sauce.....\$12.90

Milk
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MIENU



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BREAKFAST ALL DAY MILK BAR CAFÉ

Light Breakfast Toast

Raisin Fruit Toast :\$7.90 | Cinnamon Toast : \$7.90 | Vegemite Toast : \$6.90 | Jam Toast : \$6.90

Eggs on toast.....\$12.90

(2 pieces of sourdough, eggs your way poached, fried, or scrambled)

Add Slides:-black forest Bacon \$6.50, Blistered baby tomatoes \$4.90, Haloumi \$5.90, Hollandaise \$2.0

Mushrooms \$5.90, Homemade tomato relish \$2.0, Wilted greens \$4.90, Hash brown \$1.90, sausage \$2.90

Milk Big Breakfast.....\$29.90

(2 slice sourdough, 2 poached eggs, 2 slice black forest bacon, grilled tomato, 1 sausage, 2 Slice Halloumi home made relish and 1 hash brown)

Breaky Bowl (Vegan).....\$16.90

(Mushrooms, spinach, and onions cooked in coconut cream served on a sourdough toast with sliced avocado)

Omelette.....\$16.90

(3 eggs, spinach, onion, mushroom, cheese, and rocket)

Ham Cheese and Tomato Omelette with Oregano.....\$17.90

Chicken, Pesto, and Cheese Omelette with Oregano....\$17.90

Eggs Benedict

Bacon Benedict.....\$20.90

(Black forest, wilted greens, poached eggs, and hollandaise on sourdough)

Ham Benedict.....\$20.90

(Ham, wilted greens, poached eggs, and hollandaise on sourdough)

Salmon Benedict.....\$20.90

(Smoked salmon, wilted greens, poached eggs, and hollandaise on sourdough)

Halloumi Benedict.....\$20.90

(Halloumi, wilted greens, poached eggs, and hollandaise on sourdough)

Mushroom Benedict.....\$20.90

(Mushrooms, wilted greens, poached eggs, and hollandaise on sourdough)

Add Hashbrown.....\$1.90

Avo on Toast.....\$15.90

(Smashed avocado, marinated fetta, almond crumbs, and lemon)

Add:- poached eggs \$6.0, Bacon \$6.50, Haloumi \$5.90

Toasted Smoked Salmon Bagel.....\$16.50

(Smoked salmon, dill cream cheese, cucumber, crispy capers, and rocket leaves)

Pancakes and Berries.....\$15.90

(Buttermilk pancakes, strawberries, blueberries, and maple syrup)

Add:- 1 rasher bacon \$3.90, Vanilla Ice-cream \$2.0

Banana and Butterscotch Pancakes.....\$22.00

(Caramelised banana, butterscotch sauce, ice-cream, whipped cream, walnuts, dried coconut and fresh strawberries)



Acai bowl \$ 17.90
acai granola & fresh seasonal fruit

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BREAKFAST & LUNCH ALL DAY

Brekkie Burger.....\$12.90

(Brioche bun, rasher of black forest bacon, fried egg, and hash brown and BBQ sauce)

Add:- Cheese \$1.90

Halloumi Burger Stack.....\$12.90

(Brioche bun, 2 Slice Halloumi, fried egg, and hash brown and Choice of sauce)

Cheese Burger.....\$14.90

(Beef patty, aioli, relish, butter lettuce, tomato, cheese, and beetroot)

Add:- 1 rasher bacon \$3.9

Big Milk Burger.....\$18.90

(Beef patty, 1 slice bacon, 1 fried egg, relish, butter lettuce

tomato, cheese & Choice of Sauce)

Buffalo Grilled Chicken Burger.....\$16.90

(Grilled chicken, buffalo sauce, butter lettuce, tomato, red onion, avocado)

Add:- Fries \$4.0

Vegan Burger.....\$14.90

(Veggie patty, butter lettuce, tomato, onion, avocado, and relish)

Veggie Burger.....\$14.90

(Veggie patty, butter lettuce, tomato, onion, Cheese, relish & Choice of Sauce)

Tex-Mex Chicken Tacos.....\$18.50

(Spiced shredded chicken, pineapple salsa, pickled red cabbage, chipotle mayo)

Popcorn Cauliflower.....\$15.90

(Crispy cauliflower, pumpkin humus, lemon yoghurt, chickpeas, and lemon)

Chunky Fries

(Beer Battered Chunky Bad Boy Chips)

Regular size.....\$8.90

Family size.....\$10.90

Hash brown.....\$1.90



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